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Get the most out of your laptop or tablet PC Laptops For Seniors For Dummies makes it easier than ever for the 50+ set to enjoy a laptop or tablet PC by taking the intimidation out of working with a new device. Featuring larger text and images, this bestseller empowers you to keep up with your kids or grandkids with all the latest and greatest that technology has to offer. Assuming no prior knowledge, this accessible guide starts from the beginning by helping you select the right laptop or tablet for your needs, shows how the various parts connect together, and illustrates how to use the keyboard and mouse. Once you've chosen your device and mastered the basics, this book will help you navigate your way around the Windows 10 operating system, show you how to use the touchscreen capabilities, and so much more. In no time at all, you'll wonder why you hadn't bought a laptop sooner! Keep in touch with family and friends through email and social networking sites Get on the internet to shop and browse your favorite sites Ensure your information is safe online Use the latest applications for work and play Everything you love about your desktop computer can be

conveniently taken on the go with a laptop. *Laptops For Seniors For Dummies* will help you have fun and feel successful with your new device. The easy way for seniors to master the iPad - updated for iPad Air 2 and iPad mini 3! Buying and getting started with an iPad or iPad Mini can be intimidating for people of any age, but it doesn't have to be. This new edition of *iPad For Seniors For Dummies* provides straightforward, easy-to-understand coverage of the latest tips and tricks to getting the most out of your iPad. You'll get clear instructions for setting up setting up your iPad, mastering the multi-touch interface, and synching your data. Next, you'll dig a big deeper and discover how to work in the iCloud, set up iTunes on your iPad, browse the Internet, send and receive e-mails, text with iMessage, download apps from the App Store, make video calls with FaceTime, work with Siri, import pictures, get organized with Reminders, find your way with Maps, and so much more. Written in plain English and complemented with full-color photographs that bring the information to life, *iPad For Seniors For Dummies* helps even the most techno-phobic readers understand and master the iPad's myriad capabilities. Whether you're looking to curl up with a good iBook, stay connected with your kids and grandkids on social media, capture photos and videos-or anything in between-everything you need is at your fingertips. Covers iPad Air 2, iPad Air, iPad 2, and all models of iPad mini Updated throughout for the latest features of the iPad and iPad Mini Contains the latest information on Apple's new iPad hardware and new iOS software Designed with large-print figures and drawings to make it more accessible for seniors iPad sales are hot with no sign of slowing down If you're a senior looking to get started with your first iPad, this friendly guide makes it easier. Provides instructions and advice for seniors on how to use the iPad, including browsing the Web, working with e-mail, making FaceTime video calls, exploring the iTunes store, using the iPad as an E-reader, and scheduling a reminder. New to social media? This easy-to-use guide will get you started in no time! Social media is a ton of fun, and this updated guide makes it easy to set up a Facebook or Twitter account to catch up with old friends, communicate with your family, and enjoy your online experience. Printed in large font for easy reading, this book offers hands-on guidance to connecting to the Internet with a computer or mobile device, creating social media accounts and profiles, searching for friends, joining groups, sharing photos and videos, and more. If you're one of the 100+ million seniors using Facebook or other social media sites, this 2nd Edition of *Facebook & Twitter For Seniors For Dummies* will take you through the entire process setting up your online accounts and taking full control over what you post and see on popular social media sites. It also covers popular sites where you can read and share opinions on entertainment and travel options, view movies and television shows on your computer or mobile device, and

even create your own blog. This Second Edition covers new social media options that weren't previously available Take the pain out of working with an Internet service provider, checking e-mail, and staying in touch with your mobile device Make it easy to put your photos on Facebook, create a profile, connect with friends, and add other info Learn how to share the latest updates on Twitter or search for exciting travel destinations on TripAdvisor If you're a senior looking for simple advice on how to use social media sites to strengthen your connection with loved ones—or to reconnect with friends from your past—this hands-on guide has you covered. Don't call your tech guru for help—get this book and help yourself! What do you want to do with your Windows computer? Sign up for Facebook to keep up with your friends? Watch a video taken during the latest family trip? Find your latest email messages with a single click of the mouse? Look no further than *Windows 11 For Seniors For Dummies* to discover how to do these tasks and others that you depend on a daily basis. With this guide to the popular operating system, you find the clear and easy instructions to checking tech tasks off your to-do list. This book focuses on giving you the steps—with plenty of helpful illustrations—you need to complete the essential tasks that you perform throughout your day, like connecting with friends on social media, customizing your Windows 11 desktop with personal photos, and emailing the family about weekend plans. You also find out how to navigate Windows 11 and enhance it with the apps and widgets that you use. Other topics include: Adding shortcuts to favorite apps Personalizing your desktop Creating your private Windows account Setting up the email app Having news delivered to your desktop Chasing down lost files Tweaking your digital photos Setting your security and forgetting about it Reach for Windows 11 For Seniors For Dummies whether you need a basic introduction to Windows, want a refresher on Windows 11, or have a question you want answered right away. You can then spend less time looking for help on how your computer works and more time enjoying the fun parts of life. Offers home remedies for 120 health issues of concern to people over sixty years old. Get down to iPhone basics—and beyond It's fun to play with new gadgets—but getting to the point where you can navigate around a new iPhone with ease can feel daunting at any age. Written with you in mind, the easy-to-follow steps, larger text, and full-color images in this book help you manage, personalize, and use your new iPhone to its fullest extent. You'll discover how to do everything from shop online and organize appointments using Calendar, to taking and sharing pictures and downloading and listening to your favorite music. With the latest iOS update, you'll also learn how to customize Siri Suggestions, limit App notifications, stay in touch with Group FaceTime video calls, read ebooks, play games—whatever you fancy! Sync with iTunes Stay safe while browsing Manage email and appointments Download and use apps

Whether you're a total newbie or upgrading from an older model, *iPhone For Seniors For Dummies* helps you can sit back, relax, and enjoy keeping up with the latest technology! Get to know your iPhone with this colorful and easy-to-use guide So you just purchased your first iPhone? Although it seems like everyone has an iPhone these days, it's not a given that you'll instantly know how to use one. And that's where this handy book comes in. Written in the friendly *For Dummies* style and sporting senior-friendly larger type and full-color illustrations, this book clearly shows you how to use your iPhone, even if it's your first-ever smartphone. Make calls, send e-mail, download videos, read e-books, FaceTime video chat, and discover the wonderful world of apps. It's all here and much more! Covers the iPhone 5, iPhone 4S, and iPhone 4 Includes senior-friendly larger type and full-color illustrations Explains how to use the iPhone in the clear, friendly, easy-to-follow language that has defined the series for two decades Covers iPhone accessibility features, using maps, browsing the web, buying apps, playing music, shooting and sharing video and pictures, texting with iMessage, using Reminders and Newsstand, and of course, making calls iPhone 5 For Seniors For Dummies, 2nd Edition helps you discover the wonders of your smartphone and take advantage of all it has to offer! This new book is designed for seniors who wish to learn to play the ukulele. Care has been taken to select repertoire familiar and appealing to a more mature audience and attention has been given to the pacing of the material. Basic chords are given and variety of songs and exercises make the learning fast and fun. Play along audio includes all songs taught in the book. Includes access to online audio. Keep up with the latest Office technologies, and learn the fundamentals of Microsoft Office 2016! Office 2016 For Seniors For Dummies is the ideal resource for learning the fundamentals of the Microsoft Office suite. You'll explore the functionality of Word, Excel, PowerPoint, and Outlook, establishing basic knowledge that you can build upon as you continue to experiment with Office's applications. Larger font and image sizes mean you can easily read the content—and text that gets back to basics walks you through everything you need to know to use these programs in a variety of environments. Whether you want to improve your Microsoft Office skills to stay competitive at work or to finally write that novel you've had simmering in your head for the last ten years, this is the resource you need to get started! Access clear-cut, easy-to-read steps that show you how to get the most out of Microsoft Word, Excel, PowerPoint, and Outlook Learn the fundamentals of Microsoft Office 2016 –starting with the basics Establish good work habits within the Microsoft Office suite to set yourself up for success Find the information you're looking for with short chapter openers that point you in the right direction Office 2016 For Seniors For Dummies is essential to keeping your mind sharp and your computer skills on the

cutting edge!! Oh, all the amazing things your iPad and iPad 2 can do! Lightweight, powerful, and perfect for reading and staying in touch, iPads are fun and practical for today's seniors, as long as you know how to use all the bells and whistles. That's where this helpful guide comes in. Written in the friendly For Dummies style and sporting senior-friendly larger type and full-color illustrations, this book can help you get the most out of your iPad or iPad 2, even if you don't ordinarily use a computer. This new edition includes pages of updated content, including the latest features in iOS 5 and iCloud. You'll first learn to set up your iPad, get familiar with the touchscreen interface, and explore accessibility features. Then you'll learn to browse the Internet with mobile Safari, use maps, set up and manage your e-mail, buy and read e-books, download and play music and movies, work with photos, make FaceTime video calls, and discover how to extend the iPad's capability even more with apps. Covers the iPad and iPad 2 Includes senior-friendly larger fonts and full-color illustrations Explains how to use the iPad in the clear, friendly, easy-to-follow language that has defined the Dummies series for two decades Covers using maps and the calendar, video chatting with FaceTime, browsing the web, using your iPad for e-mail and Facebook, buying apps and games, reading iBooks, playing music, watching videos, viewing photos, user security and safety, and more New edition is updated with new content on iOS 5 and iCloud features, including iMessage, Newsstand, Reminders, Reader and Reading List tools, and more The iPad combines the best of your favorite gadgets into one amazing device—whatever you want your iPad to do, the fun starts with iPad 2 For Seniors For Dummies. The ultimate starting point for seniors who want to learn how to use a personal computer, this reference guides users through the basics of the Windows 8 operating system with easy-to-read large print and copious screenshots. Make sense of Office 2019 Just like using a computer for the first time, learning Microsoft Office applications can be confusing and intimidating at any age. Office 2019 For Seniors For Dummies helps seniors get up to speed quickly with clear-cut, easy-to-read-and-understand steps on how to get the most out of Microsoft Word, Excel, PowerPoint, and Outlook. The book assumes no prior information and starts with showing how to start each application, how to navigate the interface, dress up documents in Word, create spreadsheets in Excel, create a PowerPoint presentation, and use Outlook as an email client. You'll also find templates for each application for letters, faxes, a budget grid in Excel, and more. Use Word, Excel, Outlook, and PowerPoint Dress up your letters, invitations, and other documents Manage your finances with Excel Use your email to stay in touch with friends and family If you're an over-50 PC user looking for some gentle instruction on making the most of Office 2019, you've come to the right place! Heres your shortcut to the tablet era! Getting an

iPad is a great first step to staying up-to-date with the latest technology, and this book can show you how to set up, personalize, and start using it. Larger font, full-color pictures, and easy-to-follow steps make it fast and easy to get up and running with your new iPad. You'll also discover how to take and share pictures, make a FaceTime video call, download apps, manage appointments with iCal and Reminders, and more. If you're ready to wow your friends - and even your grandkids - by showing them you're hip to the latest technology trends, everything you need is inside!

Inside... Adjust the settings Sync wirelessly to iTunes Understand iCloud Work with apps and media Browse the Web Securely send e-mails Make FaceTime video calls Play games and read e-books My Kids Just Gave Me a Computer, What Do I Do Now? Computers for Seniors is a step-by-step, full-color guide that will take you all the way from pressing the "On" button on your new computer to being a confident user who can send email to family and friends, shop online safely, read the latest news, watch funny YouTube videos, share cute pictures of your grandkids, check the weather forecast, and much more. You'll learn to:

- Plug in, set up, and turn on your computer
- Print and share photos of your grandkids, vacations, pets, friends, and special life events
- Install helpful tools like a calendar, money manager, and weather tracker
- Search the internet for news, recipes, gardening tips, sports updates, and anything else that interests you
- Watch entertaining YouTube videos or educational lectures and make video calls to anywhere in the world
- Find and listen to new music (or your favorite classics) and read electronic books
- Email your friends and family
- Stay safe online and keep your private information secure

Computers for Seniors will show you how to get what you really want from your PC, with the help of full-color illustrations, friendly instructions, and a touch of humor. Each lesson has small exercises to test your skills and help you practice, to make sure you feel comfortable with what you've learned before you move on. It's never too late to have fun and get more out of your PC—Computers for Seniors will ease you into the computer generation by guiding you every step of the way. The bestselling guide—now in a new edition A computer provides a great resource for learning new things and keeping in touch with family and friends, but it may seem intimidating at first. The bestselling Computers For Seniors For Dummies is here to help the 50+ set conquer and overcome any uncertainty with clear-cut, easy-to-understand guidance on how to confidently navigate your computer and the Windows 10 operating system. Featuring large text and images, it's never been easier for seniors to smoothly click their way around a new PC. Even if you don't know a mouse from a megabyte, this book walks you through all the steps to choosing, setting up, and successfully using your new computer. Begin with learning how to turn the computer on and use the keyboard, and from there you'll progress to effortlessly finding your

way around the new Windows 10 operating system. Explore all you can do with a computer: Research topics of interest Keep in touch with loved ones Shop securely online Find recipes and diet tips If you've just purchased your first computer and need a plain-English introduction to getting started, *Computers For Seniors For Dummies* has you covered. You're never too old to fall in love—with your Mac! You took a while, but you are now the proud owner of your first Mac computer. *Macs For Seniors For Dummies* is just for you. This friendly, accessible guide walks you through choosing a Mac and learning how to use it. You'll find yourself falling head over heels for your Mac in no time. *Macs For Seniors For Dummies* introduces you to all the basics that you need to know: turning the Mac on and getting connected; using the keyboard and mouse; working with files and folders; navigate around the Mac desktop and OS X Lion; setting up an Internet connection and e-mail; and much more. Shows Mac newbies how to surf safely with Safari, video chat with FaceTime, and connect with friends and family online Covers choosing the Mac that's right for you, setting it up, running programs and managing files, and hooking up a printer Features ways to have some fun, too, with digital photos and videos, music, movies, games, apps, and more Includes tips on troubleshooting and taking care of your Mac Your Mac can do so much more than you ever imagined and *Macs For Seniors For Dummies* shows you how! The basics you need to get more comfortable with laptops, without any of the fluff *Laptops For Seniors For Dummies* is just for you. We help readers in the 55+ club get the most out of their laptops. You'll discover how to choose the best laptop for your needs and how to use Microsoft Windows, to share photos, surf the web, use e-mail, and much more. With large text, clear graphics, and easy-to-follow instructions, this *For Seniors For Dummies* guide will get you up to speed on your new device in no time. Even if you're upgrading from a typewriter, we can help you choose the right laptop to buy, understand your operating system, use files and folders, download and install software, and stay safe online. It's all the stuff you need to know to make your laptop work for you. Choose and purchase the right laptop for your needs Navigate your Windows 10 or 11 operating system with confidence and discover useful programs Connect to Wi-Fi, go online, send e-mails, and get started with social media Protect and secure your laptop and your personal data Whether you're purchasing your first laptop or upgrading from older technology, this *Dummies* guide will take you step by step through everything you need to know to get laptop savvy. The easy way to get up and running with Windows 10! With *Windows 10 For Seniors For Dummies*, becoming familiarized with Windows 10 is a painless process. If you're interested in learning the basics of this operating system without having to dig through confusing computer jargon, look no further. This book offers a step-by-step approach that is specifically designed to assist first time Windows 10 users who are over-50,

providing easy-to-understand language, large-print text, and an abundance of helpful images along the way! Protect your computer
Follow friends and family online Use Windows 10 to play games and enjoy media Check your security and maintenance status Step-by-step instructions are provided to ensure that you don't get lost at any point along the way. The fun and friendly full-color guide to finding your way around your iPhone Everywhere you look it seems like someone is using an iPhone. If you're feeling left out of the fun, don't despair. For Dummies to the rescue! Written in the accessible For Dummies style and packed with colorful illustrations, this book shows you how to use your iPhone to make and receive calls, send text messages and e-mails, read e-books, watch movies, play games, surf the web, and so much more. By the time you're through with this all-new edition of this perennial bestseller, you'll be completely comfortable downloading the latest apps, video chatting with FaceTime, finding your way with Maps, and just having some fun with your iPhone. Fully updated to cover the iPhone 5s, iPhone 5c, and iOS 7! Explains how to use the basic iPhone features, navigate the multitouch interface, and get connected Walks you through using your calendar, adding contacts, shooting photos and video, playing music, reading e-books, connecting on Facebook, and filling your iPad with all the things that matter to you Includes senior-friendly larger type and beautiful full-color images You'll learn to love your iPhone in no time with the help of iPhone For Seniors For Dummies, 3rd Edition. Need help with your new Android phone or tablet? Are you new to smartphones in general, or coming from an iPhone or Blackberry? The Guide to Android for Seniors is a book written specifically for those who have difficulty using electronics, such as phones, personal computers, and tablet computers. There is a wealth of knowledge about all types of Android devices in this book, regardless of the manufacturer or model, and can be easily accessed and navigated for quick reference. Whether you are puzzled about managing your electronic address book, or how to take and send a picture to a friend, you will find the information in this guide. The Internet is riddled with advanced tips and tricks, but the goal of this book is to sort through the extra information to simplify your first experience with using an Android phone or tablet. Help is here! Here are some examples of the topics discussed in this guide: - Charging the Device - Finding the Android Buttons - Calling a Contact - Assigning a Speed Dial - Using the Speakerphone During a Voice Call - Adding a New Contact - Composing a New Text Message - Adding an Attachment to a Text Message - Taking a Picture - Capturing a Video - Navigating to a Web Page - Setting Up Email - Setting Up a Google Account - Buying an Application - Importing Your Contacts from Another Phone - Adjusting the Brightness - Saving on Data Costs with Your Phone PLUS, what to do when the phone - Does not turn on - Can't make a call - Touchscreen does not respond as expected ...and much more!

Make the most of your iPad! iPads are some of the coolest and most versatile tablets on the market today. You can watch movies, listen to music, go online, talk to your family and friends, and pretty much anything else you can think of. But with updates coming all the time, it can be difficult to keep track of the smorgasbord of features this portable device offers. That's where iPad For Seniors For Dummies comes in! This handy guide to the even handier iPad has all the latest updates for the newest version of the famous tablet and its operating system. Want to talk to Siri? Check this guide. Want to find where those cute photos of your grandkids went? We've got you covered. With this handbook, you'll also be able to: Get a brand-new iPad up and running, smooth as silk and easy as pie Protect and secure the data on your iPad so you can keep yourself and your family safe from hackers Go online, shop, watch videos, listen to music, shoot your own movies, and more Perfect for anyone who just got a new iPad as a gift, or for anyone who's got an existing iPad kicking around that they've been meaning to use more often, iPad For Seniors For Dummies is the easy-to-follow and step-by-step tutorial you've been looking for. Expert advice helps seniors find bargains and make money on eBay eBay is a great place to help seniors find bargains or supplement their income by selling items. This book offers the basics on buying or selling on eBay with confidence in a format that's ideal for the senior audience, including a larger print format than traditional For Dummies books. Author Marsha Collier is the undisputed authority on eBay. Her advice has helped millions of eBay users navigate the popular shopping and selling site. This book explains how to Get your computer ready to use eBay Go to the eBay site, sign up, and browse Spot good deals, buy items, and pay safely Set up your own sale Take pictures of your merchandise and get them online Receive payment and ship items Understand eBay's fees and rules eBay can be fun and profitable. This book makes it easy to get started! This book provides Seniors and people who are aging into their mature years, with some very effective, scientifically based exercise techniques and combines them into a workout routine, which can be performed at home, or in an assisted living facility. This exercise book for aging men and women has a well-rounded workout, which will increase strength throughout all of your major muscle groups...FAST. Having spent a quarter-century studying and applying strength techniques to Athletes, recreational enthusiasts and military personnel, the techniques in this routine are the fastest methods, known to man, to regain and develop strength in certain muscle groups. Members of the U. S. Navy SEALs and other elite members of the Armed Forces currently use modified versions of some of these exercises, when deployed, due to their limited access to exercise equipment. I designed this routine specifically for Seniors, not only for its effectiveness but also for the same reason of possible, limited access to exercise equipment. Seniors and even men &

women over 50 are "aging-in-place" now more than ever before and with the routine in this book, they can now strengthen all of the major muscle groups in the body, get daily exercise and noticeable improvements from this routine without having to purchase any exercise or fitness equipment. This is one the most effective exercise books for the aging because it condenses certain revolutionary training principles into a book, for seniors and aging individuals and allows them to use these exercise methods in the privacy of their own home. Exercise is even more important for aging seniors due to the loss of muscle mass, decreasing bone density and other physical limitations among many of them. "Aging gracefully" includes a daily plan of some type of exercise activity, eating healthy meals and following a low-stress lifestyle. It is said that people who follow these principles live a more-fulfilled life and aging seniors are no exception to this rule. Exercise has been proven to lower stress, increase muscle tissue, fight depression, obesity and a host of other health problems. Regular exercise is crucial to improve the quality of life among today's aging seniors. Senior men and women now have the knowledge and "tools" to perform a full-body workout at home, which has zero impact on their joints and minimizes the risk of injury, by emphasizing slow and controlled exercise movements. Are you aware of the unique financial opportunities and challenges you'll face in your golden years? This hands-on, practical guide empowers you to chart your financial course with targeted advice for investing, spending, and protecting your wealth for the decades to come. Who knew a phone could do all this? Get to know your new iPhone with this fantastic full-color guide Although iPhones now dominate the landscape, it's not a given that you'll instantly know how to use one. And that's where this handy book comes in. Written in the friendly For Dummies style and sporting senior-friendly larger type and full-color illustrations, this book clearly shows you how to use your iPhone, even if it's your first-ever smartphone. Make calls, send e-mail, download videos, read books, FaceTime video chat, discover the wonderful world of apps—it's all here and much more. Covers the iPhone 4S, iPhone 4, and iPhone 3GS Includes senior-friendly larger type and full-color illustrations Explains how to use the iPhone in the clear, friendly, easy-to-follow language that has defined the Dummies series for two decades Covers iPhone accessibility features, using maps, browsing the web, buying apps, playing music, shooting and sharing video and pictures, texting with iMessage, Reminders, Newsstand, and making calls, of course! Outsmart your smartphone and take advantage of all it has to offer with iPhone 4S For Seniors For Dummies. This book is intended to put a grimace and then a smile on the faces of almost all seniors. For too long, The most beleaguered citizens in the United States have been our senior citizens. Seniors are victims of government fraud and have been since 1980 if not even before that year. It should not be so; but it

is easy to explain. There is not one senior citizen member of Congress, who actually depends on Social Security to make their ends meet. How is it then that they get to cast their magic wands annually to determine the SSR CoLA increase due seniors. Folks it is the worst annual-fake news that anybody can receive and privately the government, who publishes and calculates this BS, laughs at seniors for accepting it. In this book, Brian Kelly shows you how seniors have been defrauded and how each person on Social Security deserves as much as two to three times what their SSR government check amounts to. You're going to like this book but it may shock you that Uncle Sam is a cheater on the cost of living. That is how this nasty uncle takes money from the pockets of seniors every time he can. The official current public government inflation number (called CPI) is approaching 10% but those experts familiar with inflation know the number is well above 16%. Seniors feel like it is 30% and it may very well be. The government lies continually to keep the lid on its budget--on the backs of seniors. This book breaks it wide open and demands that through the CoLA mechanism for the next three years, seniors get some real payback, and believe me, America can afford it. Get your copy of this book so you know exactly what to ask for from Congress and the President. Yes, if you have not guessed it by now, Congressional inflation estimates unfortunately are bogus. But they are used to steal real money from seniors. This must change now to keep Seniors out of the Poorhouse. Dear seniors: Say: "No more fraud on social security, and give us our due reparations!" Includes coverage of iPhones 12, 11, X, SE, 8, 7, and 6! When you're looking for the most up-to-date information on your iPhone, look no further than this edition of iPhone For Seniors For Dummies. It's fully updated to cover iOS 14, the software released in Fall of 2020 that runs all iPhones dating back to the iPhone 6. It doesn't matter if you have a brand new iPhone 12 or are sticking with the iPhone you've had for a few years. This book will help you navigate your device. Written especially for iPhone owners who don't need to know every detail of how their phone works, iPhone For Seniors For Dummies sticks to clear, friendly, step-by-step information on the essentials you'll use every day. It covers the basics of messaging with friends and family, using your iPhone as a web browser, watching television shows or movies, and taking and sharing photos and videos. Get to know which iPhone you own Upgrade to iOS 14 Add contacts to your Favorites list Connect your iPhone to wifi Track your well-being with the Health app Fix common problems when they occur When you're ready to build your skills and become the go-to iPhone guru for your friends, iPhone For Seniors For Dummies offers the insight you need to increase your know-how. The quickest and easiest way to outsmart your Android smartphone Android smartphones, like the Samsung Galaxy and Google Pixel models, offer great ways to simplify and enhance your life. From easy ways to stay in touch with

your friends and family to helpful reminders for everyday tasks, Android phones can keep you connected and current at all times. Sometimes, though, the learning curve can seem a little steep. But it doesn't have to! *Android Phones For Seniors For Dummies* is your one-stop guide to discovering the essentials on how to take charge of your Android-powered phone. It skips the techspeak and confusing jargon to deliver key information in a straightforward and reader-friendly way. With this book, you'll learn to: Navigate your way around your smartphone so you can easily open and close apps, access info, and see photos Read your email and messages so you can stay in touch with the important people in your life Secure your phone so you can be assured that you, and only you, can access the sensitive data on it Printed using larger-print type and accompanied by full-color pictures that show you how to apply the step-by-step instructions, this easy handbook is the only resource you'll need to make the most of your Android phone. Learning to use new technology can be a bit of a challenge for seniors, especially now that smartphones are more like mobile computers. *iPhone For Seniors For Dummies, 5th Edition* is a full-color text that guides you through easy-to-understand lessons in iPhone features and functions. Enjoy the top social media sites with ease and security Done correctly, social media is a way to connect friends, family, and the world while still maintaining security and privacy. *Facebook, Twitter, & Instagram For Seniors For Dummies, 3rd Edition* offers advice on how to enjoy the three most popular social media options while avoiding worry about who sees what you share. Written by social media expert Marsha Collier, this book walks you through establishing accounts, making connections, and sharing content including photos and video. You learn the settings to adjust on each platform to maintain privacy and filter out the content you don't want. This book also explains the subtle art of avoiding or blocking people on social platforms without jeopardizing your real-world relationships! Take control of what you share Connect with others Take and share your best pictures Use social media as a news source Social media sites are great fun once you learn how to cut through the clutter—and this book shows you how! “Jan Fowler has created a sparkling diamond!” --Paul Ryan, *Celebrity TV Talk Show Host* for CBS, NBC, ABC; author of *The Art of Comedy: Getting Serious about Being Funny* “Entertaining, energetic, heartwarming! True-life accounts of real people from all walks of life.” --Jackie Goldberg (“The Pink Lady”), *Producer of Senior Star Power Productions’ “Rockin’ With the Ages, The Musical”*, Hollywood “The perfect gift book for any senior!” --Bruce McAllister, award-winning author of *Dream Baby* “A wonderful collection of short stories to share and remember.” --Sherii Sherban, *Publisher, Senior Times South Central Michigan* “Getting back into the dating game after years, or even decades, in a relationship can be extremely difficult. This book will give you the encouragement, advice

and direction to seek out your next true love." --Daniel Waterloo, Director of SeniorDating.org "Jan Fowler is the voice of today's senior! Stories about love and life, trials and victories, miracles in the unexpected and the funny, yet meaningful, moments in life."

--Barbara A. Berg, speaker, coach, author of How to Escape the No-win Trap and Ring Shui As a physician educator and eldercare advocate, I am passionate about enhancing the quality of life for our seniors. I created this book based on years of experience, and customized the activities to be meaningful and relevant to the generation of our seniors today. If you are looking for an easy activities book for a senior with mild cognitive impairment, I encourage you to consider Fun Inside: Activity Book for Seniors. This book includes a variety of relatively simple activities in EASY TO READ, LARGE PRINT, including *CROSSWORD PUZZLES*FIND THE DIFFERENCES BETWEEN PICTURES*WORD SEARCHES (words only across and down) *FINISH THE DRAWINGS*MATCH THE DRAWINGS*COLORINGSome of the activities are designed to spark conversation, for example, "Draw Something You Don't Like." Others are intended to promote critical thinking, and for seniors with mild cognitive decline, all of the activities are intended to be mentally stimulating, but easy enough to solve. Please see the previews of some of the inside pages to assess whether the level of difficulty will suit your needs. This easy-to-understand guide helps seniors get started with Windows 7! Many seniors use a home computer to stay connected to family and friends. This fun and friendly guide shows how to use Windows 7, the most popular operating system pre-loaded onto personal computers and laptops, to write e-mails, connect with family via Windows Live Messenger, download pictures with Photo Gallery, and listen to music using Windows Media Player. Windows 7 For Seniors For Dummies uses a large font for the text that makes the book easier to read and it features magnified screen shots to help make the subject matter less intimidating. For Dummies author Mark Justice Hinton walks you through the basics of Windows 7, shows you how to customize the desktop so that it accommodates your needs, and explains how to use the webcam and instant messenger to keep in contact with family and friends. Plus, you'll get critical insight for protecting your personal information. Shows seniors how to stay connected to family and friends using the features of Windows 7 Explains how to use the Internet, send and receive e-mail, upload and download photos, view video, listen to music, play games, use webcam and instant messenger, and more Discusses the important topic of keeping data and personal information safe and secure Uses a larger font for text and includes more than 150 enlarged screen shots For seniors interested in getting started using the exciting features of Windows 7, Windows 7 For Seniors For Dummies is the ideal beginner guide! Help seniors get started with Windows 8 with this easy-to-understand guide! In easy-to-follow steps, this fun and friendly guide shows you clearly how to use

Windows 8. Featuring a large font that makes the book easier to read and magnified screen shots to help make the subject matter less intimidating, author Mark Justice Hinton walks you through the basics of Windows 8, so you can make the switch without a hitch. Explains Windows 8 with easy-to-follow steps and tips for senior readers Covers how to use the Internet, send and receive e-mail, upload and download photos, view video, listen to music, play games, use a webcam, and more Uses a senior-friendly larger font for text and includes more than 150 enlarged screen shots Discusses topics important to senior readers, including keeping data and personal information safe and secure Get started using the exciting features of Windows 8 today, with Windows 8 For Seniors For Dummies. A simple guide to computers that'll show you what all the fuss is about Most people new to computers find them a little intimidating at first. But with the right guidance, even a total novice can be sending email and banking online in no time at all. Computers For Seniors For Dummies is your must-have computing companion, full of crystal clear, step-by-step instructions for accessing websites, opening and using programs, and keeping yourself safe from viruses and hackers. And unlike the confusing "tips" from your son-in-law, you can rely on the For Dummies brand to deliver advice that actually works! Whether you've set up your computer and are ready to start using it or it's still sitting in the box, this book walks you through each and every step you need to take to connect with your family or share your photos with your friends on Facebook. It'll also show you how to: Research topics you're interested in on the web while steering clear of malicious websites and emails that can harm your computer Shop online in a way that keeps your credit card info secure Find recipes, diet tips, the latest news, or your favorite TV show Computers For Seniors For Dummies is your one-stop resource for taking control of your computer, transforming it from an expensive paperweight into the most useful gadget in your home. Filled with easy-on-the-eyes type and tons of explanatory images, this is the book that will finally get you up to speed on personal computing. All the info you want about Apple Watch, and none of the fluff you don't Apple Watch For Seniors For Dummies helps you get the most out of your smart device. Start with the very basics if you're an Apple Watch newbie, or, if you're upgrading, check out the no-nonsense coverage of the latest bells and whistles. The upgraded Sleep app, Afib monitoring that you can share with your doctor, the new Medications app for logging prescriptions, and, of course, all the texting, weather, and fitness features Apple users love. This book is packed with all the information you need to get up to speed on the latest versions of the Apple Watch and watchOS 9. For users in the 60+ crowd, this For Seniors guide uses a larger font for text and a larger size for figures to make the book as easy to read as possible. You'll also find Tips, Warnings, and Notes to help you stay safe while you

make the most out of your watch and avoid common mistakes. Yep, it's a computer for your wrist. Let this friendly guide show you all it can do. Take a simple, step-by-step approach to getting started with Apple Watch Select the right watch model for your needs and link it to your iPhone or Mac Send text messages, receive calls, and keep track of your health—from your wrist Learn the ins and outs of the latest models for 2023–2024 Interested in keeping up with the latest technology trends? Get on board the Apple Watch train, thanks to this handy resource. Presents information about the features of Google for older computer users, covering such topics as Google Search, Gmail, iGoogle, Chrome, Blogger, YouTube, and Picasa. A guide to Microsoft Windows 7 for seniors covers such topics as computer security, creating user accounts, burning CDs and DVDs, installing and deleting programs, and backups and system restore. Right now is always the right time to become a Mac expert! It's never too late to become an expert on Macs—and this friendly, updated guide written specifically for the 50+ set is the easy way to do it! Featuring larger text and figures, Macs for Seniors for Dummies takes you through all you need to know to get the most out of your Apple computer. It makes it simple for you to stay in touch with family and friends, enjoy your favorite music, TV, and movies, and hang with the younger generation using the latest social apps and video games. Beginning with which Mac to choose for your needs, you'll learn about setting up your computer, understanding files and folders, getting the most from the latest operating system, navigating the desktop, and troubleshooting common problems. And once you've found your feet there, it'll be time to get creative with home movies and photography, chat face-to-face live on video, communicate through email—the sky's the limit! Set up and customize your Mac Make FaceTime calls and send emails Store photos and files using iCloud Play video, movies, podcasts, and games Macs are for all ages! Show the Millennials in your life a thing or two and become a pro with yours today!

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